

Zed James DAOM, L.Ac.

Doctor of Acupuncture & Chinese Medicine

TX - AC00777 / NPI 1962669838

12/28/1972 - US Citizen

112 Depot St.

Elgin, Texas, 78621 USA

Zed James DAOM, L.Ac. stands as an aspiring luminary in the field of Chinese Medicine, bringing forth more than two decades of full-time clinical expertise and dedication. A seasoned practitioner, scholar and advocate for holistic well-being, he has enriched the lives of thousands, administering over 50,000 treatments over the last 20 years.

Beyond mere numbers, Dr. James' approach uniquely integrates traditional methodologies with modern healthcare nuances, making him a sought-after collaborator on a myriad of health and wellness challenges.



Professional Experience

January 2020 - Present: Executive Director, Lead Practitioner

Phoenix Kingdom / Elgin Community Acupuncture and Apothecary

www.thephoenixkingdom.com

- Master level in Acupuncture and Chinese Herbal Medicine catering to a diverse clientele with varied health concerns.
- Mentor to a team of junior practitioners, enhancing their overall quality of care and ensuring a cohesive and supportive clinic environment for all participants.
- Engaged in continuous research and professional development to integrate modern scientific perspectives with the traditional practices of Eastern Medicine.
- Revolutionized traditional treatment methodologies by introducing state-of-the-art diagnostic tools and technologies into the clinical practice for OM providers.

Professional Statement:

“In every patient I see, I recognize both the age-old wisdom of our ancestors and the boundless potential of modern medicine. My journey has been more than just administering treatments; it’s been about nurturing connections, understanding unique narratives, and rediscovering the core principles underlying our understanding of the terms ‘health and wellness.’ With every collaboration and every treatment, I strive to create experiences that generate and precipitate our inner urge to discover and tangibly implement our own unique lifelong wellness.”

Sept 2017 - Present: Executive Director, Senior Facilitator

Institute Lux Consilio / Training Program for Adults in Spirituality, Mindfulness & Meditation

www.instituteluxconsilio.org

Lux Consilio is a registered 501-3(c) non-profit organization whose mission is the conscious and irrefutable scientific realization of the human soul, right now. As a group endeavor, we seek to catalyze and precipitate (through the practice of Raja & Agni Yoga) emergent behavior in all directions and dimensions in such a way that the nature of the Soul (Love, Light & Selflessness) is expressed without obstruction or obscuration at all elements and levels of Being.

CURRICULUM & METHODOLOGY:

- *Progressive Approach:* Our educational structure is both progressive and eliminative, intensifying and focusing as one advances, ensuring a comprehensive and deepened understanding.
- *Conscious Discipleship:* We are committed to the discourse and discovery of individuals evolving into conscious, active disciples, emphasizing spiritual living and the mental comprehension of esoteric teachings.
- *Behavioral Emphasis:* The crux of our training hinges on behavioral transformation. Through this, we allow individuals the space for introspection and self-assessment, providing tools for direct examination of reality.
- *Tools and Techniques:* Lux Consilio employs rigorous self-study, focused attention, and meditative techniques as primary instruments for spiritual cultivation.

CORE PHILOSOPHY:

- *Self-Recognition:* “We grow through the medium of our own recognition.” We encourage our students to traverse their own consciousness, making personal experiences their milestones of triumph.
- *Authority & Autonomy:* We believe in the sanctity of individual growth, emphasizing that the only true authority is one’s immortal soul. In this endeavor, instructors and teachings serve merely as catalysts, with the learning resting squarely on the individual.
- *Freedom & Personal Choices:* Lux Consilio cherishes individual freedom. While we provide guidance and teachings, choices pertaining to personal lifestyle remain with the student. We believe that with the correct teachings, individuals will make the necessary alignments in their lives.

August 1999 - Sept. 2020: Co-Owner, Clinician

Turtle Dragon Health Services | Austin, Texas United States

www.turtledragon.com

- Organize and co-facilitate team meetings to manage business directives and goals.
- Daily treatment of clients ranging from 12-18 people daily, four days/week.
- Management of clinic staff of 5-8 employees and 6-10 interns.
- Mentor students and assistants.
- Attend and facilitate group learning endeavors related to the clinical practice and treatment methods, both common and esoteric, of Chinese Medicine.

January 2007 to 2018: Adjunct Faculty

AOMA Graduate School of Integrative Medicine | Austin, Texas United States

www.aoma.edu

Design, implement, and instruct curriculum and coursework to both Masters and Doctoral learners. Examples of coursework designed and instructed:

- Developmental Embryology: Cosmic Patterns in Development.
- Channel Theory and Physical Assessment - Organizing Form & Spirit.
- Vital Substance in Health and Wellness
- Electro-Therapy and Biophotonics in Manual Medicine.
- Pathogenesis: A Holistic Perspective.
- Techniques and Methods in Manual Medicine - Levels I & II.
- Botanical Medicine: Pharmacology and Energetics in Chinese and Western Plants.

Education & Training

January 2018 to Present, School of Tibetan Healing Chod

<https://www.tibetanchod.com/>

Chod is a spiritual path that “cuts through” obstacles, negativity and self-delusion, while relying on Feminine Wisdom energy to purify body, mind and spirit. Combining all the elements of Tibetan Buddhism in a single practice, it brings about a direct experience of one’s inner brilliance and original wisdom. The practice of Chod cultivates fearlessness, certainty and unrelenting compassion, connecting us to our deepest core. The unique combination of sacred song, ritual instruments, meditation and visualization creates a rich tapestry that reweaves our everyday experience and redefines our limited sense of self. It is also the practice of ultimate and relentless generosity, pacifying the sickness, suffering and spiritual blindness of sentient beings, and healing disturbed environmental energies.

The School of Chod was created to deliver a comprehensive training in the living traditions of Chod, as preserved in the vast and isolated Himalayan regions for millennia.

Oct 2017 to Present, Discipleship training in the Science of the Soul

Arcane School

www.lucistrust.org

The Arcane School trains people in meditation and service to develop their spiritual potential. The purpose of such training is to help students understand and accept discipleship responsibility and to recognise the part that they can play in the evolution of consciousness by serving humanity.

The training has three fundamental requirements, meditation, study and service to humanity. Those who voluntarily undertake this self-training in the science of the soul are noted for their sincerity of purpose, purity of motive and persistence in the face of all obstacles and difficulties. The training which is sequential and progressive naturally eliminates those who are unready and those who are unwilling to make the needed effort and adjustments in their daily life. The Arcane School is a place of training that requires determination and commitment.

Clinical Specialty Doctorate (DAOM), July 2013 to Jan 2018

AOMA Graduate School of Integrative Medicine | Austin, Texas United States

www.aoma.edu

- Research method, design and implementation in the field of integrative medicine. Specifically focused on the exploration and development of research techniques and clinical methodology in the signaling mechanics of fibroblast growth factors and their influence on aging and metabolic syndrome.
- Development of a synthetic academic and conceptual model to clearly explore the interrelationship between astrology, medicine, and the nature of 'effective energy'.
- Program Totals: 74 credits (1260 hours), 50 didactic credits (600 hours), 17 internship clinical credits (408 hours), 7 externship clinical credits (252 hours).

2013 - 2016, Sensation & System

School of Homeopathy

<http://www.homeopathschool.com/courses/courses-postgrad-cpd/sensation-system/>

The Sensation Method is the most important development in homeopathy since its discovery by Samuel Hahnemann in the late 18th century. The Sensation Method sets out to explore classification within the natural world through kingdoms and subkingdoms. In addition to this is the methodology of searching for the 'vital sensation' in the patient's case and the concept of the 'seven levels of experience' within the human being. The deep insights of Rajan Sankaran and his colleagues have profoundly affected the way many homeopaths think and practice today.

2001 - Present: Astrology & Astronomy (Chinese Bazi, Feng shui & Human Design)

Human Design America and Jovian Archive; Mastery Academy of Chinese Metaphysics

www.jovianarchive.com

www.masteryacademy.com

www.uwtsd.ac.uk/ma-cultural-astronomy-astrology

This course work includes an ongoing study of the ways and means in which the sky, stars & planets influence, inform and condition the Human Kingdom and its varied cultures and beliefs. We are all made and influenced by the hierarchical structures embodied in what we call the sky. As a whole the stars and planets serve to condition and inform each other across the Great Body of Space.

What does it mean to be a conscious part of this infinite continuity?

This ongoing course of study seeks to further investigate the role of cosmological, astrological and astronomical beliefs, models and ideas pervasive in human culture, ancient and modern, including the theory and practice of myth, magic, divination, religion, spirituality, politics, economics and art.

1999-2003: Medical School, Chinese Medicine. MSOM, L.Ac.

AOMA Graduate School of Integrative Medicine | Austin, Texas United States

www.aoma.edu

• Masters Degree in Oriental Medicine: Specifically Acupuncture, Botanical Medicine, Nutritional therapy and Dietetics, Tuina, Shiatsu, and Medical Qigong.

Program totals: 200 credits, (2898 hours). Didactic credits - 159.5 or 1926 hours. Clinical credits - 40.5 or 972 hours.

May 1998: Bachelor of Arts, University Scholars Program

Baylor University | Waco, Texas United States

Yunnan University | Kunming, Yunnan China

Yunnan Minzu Xueyuan | Kunming, Yunnan China

www.baylor.edu

• University Scholars Program graduate with a focus in East Asian studies, literature and language.

• 1996-97: Yunnan University. All class work focused on Chinese literature from 1966-1976.

• 1995-96: Yunnan Minzu Xueyuan. Intensive Chinese language studies.

February - December 1992: Culinary Arts Studies

Newbury College | Brookline, Massachusetts United States

<https://newbury.edu/academics/our-schools/school-of-culinary-studies/culinary-arts>

• Specialty training in Culinary Arts, Restaurant Management and Menu Planning.

Personal Statement:

Throughout human history, civilizations have thrived on a bedrock of accumulated knowledge. This treasury of insights, gathered over millennia, provides not just a reflection of our past but a compass for our future. The rapid pace of modern times challenges us to not only preserve this wisdom but to continuously adapt and evolve our understanding of its relevance to the dynamic needs of today. This threshold forms the pivot of my work. I am not a traditionalist, though I value tradition.

This threshold is not merely an act of acquiring new skills or credentials; it's an endeavor to bridge the time-honored truths with the complexities of the contemporary world. As we stand at the crossroads of time, with one foot grounded in ancient traditions and the other stepping into the digital age, integrating this ageless wisdom becomes not just beneficial but essential. The lessons from our past, when combined with modern knowledge, can guide our ethical, philosophical, and practical choices. Yet, if we neglect this integration, we risk becoming either trapped in antiquated ways or lost in the shallowness of fleeting trends.

My work is founded on 4 simple words: Balance, Harmony, Wisdom, Power. To these and in these can I be relied upon.

Learned Societies & Groups

New Group of World Servers

Scholars of Chinese Medicine

Tibetan Chod & Lineage of Machik Labdron - Lama Jinpa & Lama Choying (<https://www.pleasuregroveofchod.com/lama-choying/>) Dzogchen International

Theosophical Society of America

University Scholars of Baylor University

Daohouse USA

Society for Acupuncture Research

National Certification Commission for Acupuncture & Oriental Medicine

Shang Shung Institute of Tibetan Studies

International Atiyoga Foundation

Tsegyalgar East

Texas Association for Acupuncture & Oriental Medicine

Wudang Dao - Master Yun Xiang Teng & Zhong Xue Chao

and many more

Ancillary Skills & Proficiencies

- Languages - English (native); Mandarin Chinese (strong competency); Spanish (basic competency); Tibetan (novice); Sanskrit (written); Japanese (beginner); Turkish (beginner).
- Sandan ranking in Japanese Hakkoryu - <https://hakkoryu.com>; Shodan ranking in Japanese Kyudo
- Long distance open water swimming (Ederle 2012 17.5 mile open water ocean swim) - Long distance thru-hiker. Appalachian trail, Colorado Trail, Anapurna Circuit (Nepal), Camino de Santiago (Spain).
- Playful and wiggly on a wide variety of modern and ancient musical instruments. Favorite instruments, listed in order of personal affinity: Chinese GuQin, African Kora, Accordion, Bass Guitar, Hulusi (Gourd Flute).
- Sunbathing, stargazing, cloud surfer, science fiction enthusiast. Calligrapher.
- Strong competency in a wide-variety of technological and digital programs.

Publications

Interest in my published papers and works can be requested directly at zedjames.x@ud.me.